



EVEN IF YOU'VE NEVER NEEDED HELP BEFORE

**2-1-1**

 Even if you have never needed help before, the loss of a job, diminished benefits or an unexpected health crisis might have you looking for some assistance. That is where **United Way's Helplink 2-1-1** comes in.

 **United Way's Helplink 2-1-1** is available 24 hours a day, seven days a week and is staffed by counselors that can connect you to organizations in order to get you the help you need. All calls are free and confidential. Trained counselors can assist you with almost any challenge - mental health problems, substance abuse, heating bill assistance, financial planning, state and federal assistance programs, employment resources, education or credit issues to name a few.

 If you need assistance or information and do not know where to turn, simply dial **2-1-1** or call **937-225-3000** or **1-800-917-3224** or visit us online at [www.LiveUnitedDayton.org](http://www.LiveUnitedDayton.org).

**GIVE. ADVOCATE. VOLUNTEER.**

**LIVE UNITED**



United Way of the  
Greater Dayton Area